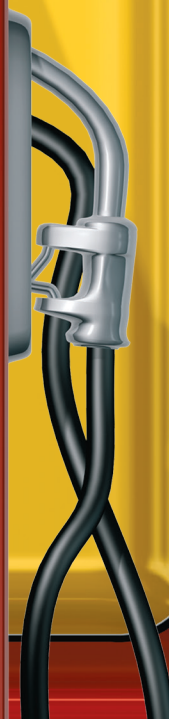




FOR THE  
FIRE INSIDE  
OUR KIDS





## WARNING:

If you read this book it may ignite your child's heart!

**"Each chapter is worth the price of the book."**

**JOSH AND DOTTIE MCDOWELL**

**"Barry St. Clair equips moms and dads to fuel a fire [for Christ] in the hearts of their kids."**

**ANDY STANLEY**, PASTOR, NORTHPOINT COMMUNITY CHURCH

*Parent Fuel: For the Fire Inside Our Kids* will fuel the fire in our most important relationships—with Christ and our kids. More than any other generation, today's children and teenagers find themselves isolated from caring adults. Our kids need love, security, and support from their parents now more than ever. *How do we connect with a disconnected generation?*

Parent Fuel makes that connection! It offers you a new, fiery perspective on parenting filled with possibilities. As a result of reading and applying this book, you will ...

- Move past your guilt over what you have not done
- Make your passionate pursuit of Jesus a priority
- Charge from raising your kids by rules to raising them by God's amazing grace
- Take steps toward connecting or reconnecting with your children
- Relate to your children heart to heart
- Invest in a discipling relationship with your kids and their friends
- Help move your children from dependence to independence



**DR. BARRY ST. CLAIR**, founder and president of Reach Out Youth Solutions, has been on the cutting edge of youth ministry for over forty years. Twenty-eight years of marriage, raising four children, the death of his first wife Carol, his experience as a single parent, his remarriage to Lawanna, blending a family, and being a grandfather of eleven makes his perspective real-life and compelling.

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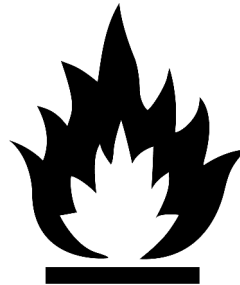
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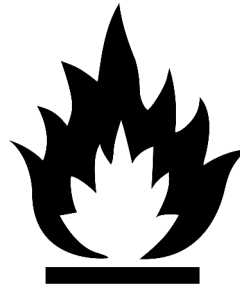
# Parent Fuel

## Participant's Guide



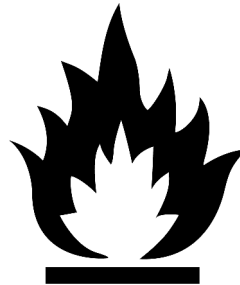


The Parent Fuel Participant's Guide can be downloaded free and then assembled into a notebook for the purpose of taking notes during the video segments and during the discussions of the videos.





# Imperfections





# Session 1

## Imperfections

### Facing Our Imperfections

 What imperfections do I face?



# Session 1

## Imperfections

### Our Kids Reveal Our Imperfections

 How do my kids reveal my  
imperfections?



# Session 1

## Imperfections

### Our Parents Can Contribute To Our Imperfections

 How have my parents contributed to my imperfections?





# Session 1

## Imperfections

### Difficult Circumstances Magnify Our Imperfections

 How do my difficult circumstances magnify my imperfections?



# Session 1

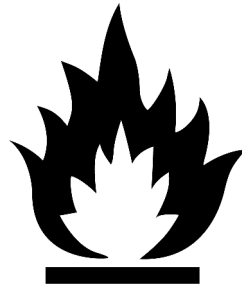
## Imperfections

### Imperfections – Barry St. Clair

 In spite of my imperfections, how do I fuel the fire in my kids?



# Focus





# Session 2

## Focus

### Struggling With Behavior

 What struggles do I have with my kids' behaviors?



# Session 2

## Focus

### Seeing Through Behavior

 What can I do to see through my kids' behaviors?



# Session 2

## Focus

### Finding Focus

 **What focus do I need to find and why?**



# Session 2

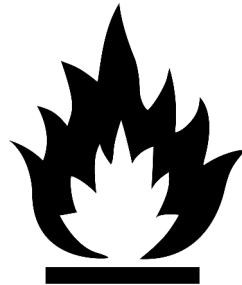
## Focus

### Focus – Barry St. Clair

 How can I love Jesus more?



# Grace







# Session 3

## Grace

### Frustrating Behavior

 How do I deal with my kids' frustrating behaviors?



# Session 3

## Grace

### Reactions To The Rules

 How do my kids react to my rules?



# Session 3

## Grace

### Exercising Grace

 **What struggles have I faced in exercising grace with my kids?**



# Session 3

## Grace

### Grace – Barry St. Clair

 What do I do to shift from rules to grace?



# Relationships





# Session 4

## Relationships

### Facing The Effects Of Our Busyness

 How does my busyness affect my relationship with my kids?



# Session 4

## Relationships

### Finding Time


 How do I find time to be with my kids?



# Session 4

## Relationships

### Connecting With Our Kids

 How do I connect in a real relationship with my kids?





# Session 4

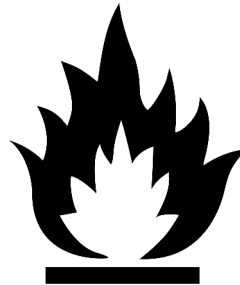
## Relationships

### Relationships – Barry St. Clair

 **How do I actively disciple my kids and their friends?**



# Discipline





# Session 5

## Discipline

### Stretching The Limits

 How do my kids stretch the limits?



# Session 5

## Discipline

### Reacting To Our Kids' Actions

 How do I react to my kids' actions?



# Session 5

## Discipline

### Setting Boundaries

 What boundaries do I need to set for my kids and why?



# Session 5

## Discipline

### Realizing The Results Of Positive Discipline

 How can I realize the results of positive discipline with my kids?



# Session 5

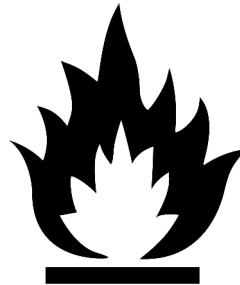
## Discipline

### Discipline – Barry St. Clair

 **What is the hottest discipline issue and how will I handle it?**



# Release







# Session 6

## Release

### Seeing Our Preconceived Expectations

 What preconceived expectations do I have for my kids?



# Session 6

## Release

### Changing Our Perspective

 How do I need to change my perspective about my kids?



# Session 6

## Release

### Pursuing God's Purposes

 How do I help my kids pursue God's purposes?



# Session 6

## Release

### Release – Barry St. Clair

 How do I release my kids to change the world?

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